IN MEMORIAM VAL BIAS

Remembering Val Bias, a Pillar of Our Community

By Dr. Marion Koerper



It is with sad heart that we announce the passing of our dear friend and mentor Val Bias. Val passed on December 30, 2021 in Buffalo, New York.

As a child living in New York state Val was diagnosed with severe hemophilia B. As a young adult he moved to the Bay Area in Northern California to be the activities director of the Albany YMCA and became a patient of the UCSF HTC. At that time, the UCSF HTC in conjunction with the Children's Hospital Oakland HTC and Hemophilia Foundation of Northern California (HFNC) were planning to hold the first hemophilia summer camp in Northern California; Camp Hemotion, and Val was the logical choice to become the program director of the camp. He served in that capacity for many years until he moved to New York City to become the CEO of the National Hemophilia Foundation (NHF).

While Camp Hemotion director, he established a leadership program for the campers in which they learned leadership skills while progressing from camper to assistant counselor to junior counselor to senior counselor with increasing responsibilities at each level. How proud the campers were when they won their red senior counselor red jacket! These leadership skills could be applied to other organizations in school etc. The final proof of the success of Val's leadership program is the fact that many of these senior counselors are now planning and running Camp Hemotion each year.

Another area of interest for Val was blood safety. As co-chair of the NHF Blood Safety Working Group with Dr Koerper, they made monthly trips to Washington DC to meet with the FDA to encourage them to mandate testing of all blood donations to ensure the safety of the blood supply for all Americans.

Another concern of Val's was AIDS. Having lost many of his good friends in the hemophilia community to HIV, he worked with the National AIDS Memorial Grove in Golden Gate Park in San Francisco to establish the Hemophilia Memorial Circle, which memorializes all those in the hemophilia community lost to AIDS.

In addition to all these accomplishments, Val was a superb CEO of NHF, establishing research programs with the Centers for Disease Control (CDC) to promote the UNIVERSAL DATA COLLECTION (UDC) program and with a manufacturer to establish MY LIFE/OUR FUTURE, by which all hemophiliacs and many carriers could be genotyped to find the cause of their hemophilia. Many important scientific discoveries were made through these two programs.

Through all this, Val remained a kind, compassionate man; a mentor to many of the young persons he worked with at Camp Hemotion.

Val's presence loomed large in the hemophilia community, and he will be greatly missed.

We extend our condolences to his wife Robin and son Langston.

Continued on Page 2

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NEW CARRIER NOMENCLATURE Page 6



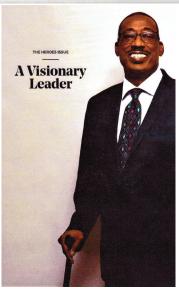
BOARD MEMBER



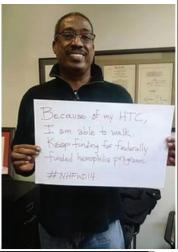
TREATMENT CENTER

Val Bias
past
CEO
National
Hemophilia
Foundation





Val Bias Washington Days 2014



Val Bias 2019

58th AIDS
Memorial
Gala
2016
Camp Hemotion
Director Zuiho
Tanaguchi





Val Bias at What's So Bloody Valentine Costume Event Val Bias at Susan Karp RN Retirement Party



Continued on Page 3

Val Bias in Memoriam Continued by Susan Karp

Val was not only my patient, he was my friend. I first met Val when he was 19 and moved to San Francisco. After he had started working at the YMCA, I thought he would be a great addition to camp and asked him to come to camp as a counselor. Needless to say, he excelled at this role and soon graduated to Camp Director. I watched Val grow over the years and develop into the incredible leader that he was, first in Northern California, then on a national level. The changes he made at NHF revolutionized the organization and helped it grow into the first class organization that it is. Mostly, Val was an amazing father and husband. He will be sorely missed by many, including myself.

Val Bias & son Langston in Camp Hemotion Golf Cart





Val Bias
and
Camp Hemotion
Alumni
Craig Giannino
&
Bobby Wiseman

Val Bias & Marion Koerper MD Camp Hemotion Directors





REQUEST A KIT
HFNC 510-658-3324
ASHLEY.GREGORY@HEMOFOUNDATION.ORG

EASY TEMPLATE PROVIDED

HFNC WILL WORK WITH YOU TO DECLARE YOUR CITY MARCH IS BLEEDING DISORDER AWARENESS MONTH!

DECLARE YOUR CITY MARCH IS BLEEDING DISORDERS AWARENESS MONTH TEMPLATE



HELLO MAYOR OF (MY CITY).

I am the (share affiliation with bleeding disorders community; father, son, treater etc) of a person with a bleeding disorder or I have (share your bleeding disorder.)

You may not know that March is Bleeding Disorders Awareness Month nationally. I am interested in declaring that March is Bleeding Disorders Awareness Month in my city of (______). Would you be able to help me with this? Here is a template of a declaration that can be used.

WHEREAS, The Mayor of (MY CITY) California is proud to commemorate March 2022 as Bleeding Disorders Awareness Month in the city of (MY CITY); and

WHEREAS, this designation will formalize and expand upon the designation 36 years ago of March 1986 as "Hemophilia Awareness Month" by President Ronald Reagan; and

WHEREAS, the federal Department of Health and Human Services designated March 2016 as National Bleeding Disorders Month; and

WHEREAS, These bleeding disorders, which share the inability to form a proper blood clot, are characterized by extended bleeding after injury, surgery, trauma or menstruation and can lead to significant morbidity and can be fatal if not treated effectively; and

WHEREAS, many individuals with hemophilia became infected with HIV and Hepatitis C in the 1980s due to the contamination of the blood supply and blood products; and

WHEREAS, this Awareness Month will generate greater awareness and understanding of not only hemophilia but all inheritable bleeding disorders, including von Willebrand Disease, Platelet Storage Pool Disorder and Glanzmann's Thrombasthenia—which impact an estimated one percent of the U.S. population or more than 3.2 million individuals; an estimated 1% or (calculate 1% of population of city) number of people (based on population) individuals in (MY CITY) and

WHEREAS, this Awareness Month will foster a greater sense of community and shared purpose among individuals with all inheritable bleeding disorders; and

WHEREAS, this Awareness Month will elevate awareness of, diagnosis and treatment of, and engagement in the inheritable bleeding disorders journey beyond our community to the general public, enabling the prevention of illness, unnecessary procedures, and disability; now, therefore be it

RESOLVED, That this Mayor's office of (MY CITY) California pause in its deliberations to proudly commemorate March as Bleeding Disorders Awareness Month in the city of (MY CITY) in the state of California.

Thank you,

(MY NAME), (MY CITY)





FOR ALL BLEEDING DISORDERS

Females

The current recommendations from the National Hemophilia Foundation and the World Federation of Hemophilia are that female carriers of hemophilia with a factor level below 50% should be classified as mild hemophilia. As with mild hemophilia in males, a low factor level can lead to bleeding with surgery, dental procedures, injury or trauma in addition to bleeding with female related issues such as delivery or periods. It is recommended that people with mild hemophilia be seen regularly at their Hemophilia Treatment Center for monitoring and recommendations related to prevention and control of bleeding episodes.





Las recomendaciones actuales de la Fundación
Nacional de Hemofilia y la Federación Mundial de
Hemofilia son que las mujeres portadoras de
hemofilia con un nivel de factor por debajo del 50%
deben clasificarse como hemofilia leve. Al igual que
con la hemofilia leve en los hombres, un nivel bajo de
factor puede provocar sangrado con cirugía,
procedimientos dentales, lesiones o traumatismos,
además de sangrado con problemas relacionados con
la mujer, como el parto o la menstruación. Se
recomienda que las personas con hemofilia leve sean
atendidas regularmente en su Centro de tratamiento
de hemofilia para el seguimiento y las
recomendaciones relacionadas con la prevención y el
control de episodios hemorrágicos.



A new hemophilia carrier nomenclature to define hemophilia in women and girls: Communication from ISTH

Abstract

Hemophilia A and B predominantly attracts clinical attention in males due to X-linked inheritance, introducing a bias toward female carriers to be asymptomatic. This common misconception is contradicted by an increasing body of evidence with consistent reporting on an increased bleeding tendency in hemophilia carriers (HCs), including those with normal factor VIII/IX (FVIII/IX) levels. The term HC can hamper diagnosis, clinical care, and research. Therefore, a new nomenclature has been defined based on an open iterative process involving hemophilia experts, patients, and the International Society on Thrombosis and Haemostasis (ISTH) community. The resulting nomenclature accounts for personal bleeding history and baseline plasma FVIII/IX level. It distinguishes five clinically relevant HC categories: women/girls with mild, moderate, or severe hemophilia (FVIII/IX >0.05 and <0.40 IU/ml, 0.01–0.05 IU/ml, and <0.01 IU/ml, respectively), symptomatic and asymptomatic HC (FVIII/IX ≥0.40 IU/ml with and without a bleeding phenotype, respectively). This new nomenclature is aimed at improving diagnosis and management and applying uniform terminologies for clinical research. ♠

Karin P. M. van Galen, Roseline d'Oiron, Paula James, Rezan Abdul-Kadir, Peter A. Kouides, Roshni Kulkarni, Johnny N. Mahlangu, Maha Othman, Flora Peyvandi, Dawn Rotellini ... See all authors

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Manuscript Handled by: Joost Meijers

Final decision: Joost Meijers, 17 May 2021



Medical IDs Save Lives

In an emergency, a personalized medical ID bracelet or necklace can communicate lifesaving information to medical personnel and help ensure the proper treatment is administered.

Although bleeding disorders share similar symptoms and complications, each person's treatment plan is unique, often involving detailed instructions for a positive recovery.



The Hemophilia Federation of America™ recommends that people with bleeding disorders wear a medical ID for the following reasons:



First responders are trained to look for medical IDs during an emergency.



If you're unable to speak for yourself, medical identification can provide medical professionals with crucial information to avoid misdiagnosis and to administer proper care.

What to engrave on a medical ID for your bleeding disorder?

- Your name
- Medical conditions
- Food and/or drug allergies
- Current medications: include clotting factor concentrates and/or synthetic hormone
- Emergency contacts



CHARLES DUNHAM VON WILLEBRAND TYPE 2 I.C.E. CALL

SARAH JONES FACTOR VIII BLEEDING RISK N EMERGENCY CALL MOM JAMES SMITH
BLEEDING DISORDER
FACTOR 8
HEMOPHILIA A
SEVERE 1
ALLERGY: PENICILLIN
CALL 911



For more information, contact your local Hemophilia Chapter, Hemophilia Treatment Center or visit www.AmericanMedical-ID.com/bleeding-disorders.

Suzanne Goldman: "Why I volunteer"

High school. College. Career. Family. Career. I never missed a beat and I thought I had it all. But did I? Something was missing and I had felt a pang of emptiness for a long time. In my first career as a high school teacher, I had helped countless kids in

a variety of ways but after seven years I left that field for the corporate world. Who was I helping now? What was pulling me outside my life to make a difference?

As a mother of a severe Hemophiliac son, I was introduced to HFNC and attended our first Family Camp when Max was just 7 months old. It was a game changer for me. There was a whole organization devoted to supporting parents, siblings and individuals and helping them navigate this scary new world. I was thankful beyond belief for the guidance they provided. I quickly knew that this was what was missing in my life - helping others.

I joined the Board of HFNC and met a whole community of amazing souls who inspired me every day with their hearts, vision, and selflessness. I brought my own skills and passion to the team and helped in every way I could, from proofreading letters and Walk fundraising to heading the Emergency Assistance Program and mentoring others as they started up new programs. There are countless ways to contribute based on what you are already good at, as well as ways that stretch you as a person and help you grow.

But as much as I gave, I also received - which is at the heart of volunteering! I learned so much about Hemophilia that personally helped me navigate our family's journey. I was able to make a difference by advocating in Washington with my son for Hemophilia-positive legislation. I met so many wonderful community members who taught me what real strength and struggle look like and gave me a new sense of perspective. I met doctors and nurses whose patience and sincerity still move me. I made some truly close friends. And maybe most eventful – I overcame my fear of needles and stuck a vein - something I never thought I'd do in a million years!

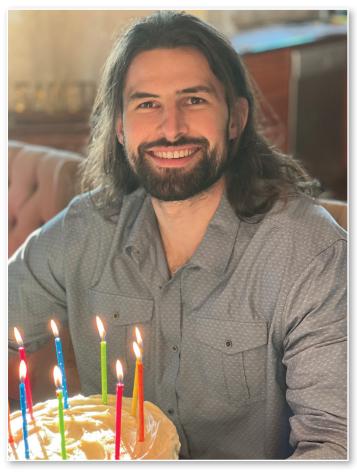
Though I'm no longer on the Board I still contribute as the EAP program chair. I also volunteer at my kids' schools and on their sporting teams. It's true that raising children and navigating the world takes a village. It feels good to make a difference where I can, outside my own little bubble.







Matthew Jajeh



Living with Hemophilia has always meant that I've had to give extra care to the little things in life. After 27 years, I've gotten pretty good at it, too. I've learned how to look out for myself and make sure that I was always taken care of. But what do we do in times when we can't take care of ourselves? The short answer has been easy for me: always surround yourself with others you trust and will have your best interest in mind. Luckily for me, that came in the form of the amazing team at UCSF Hematology.

I recently underwent a four hour procedure which meant that I wasn't going to be able to look after myself. Unlike a bruise, a cut or a potential bleed surgery is a big deal. It can be nerve racking to think you'll be asleep while someone is performing surgery on you and you have no idea or control of what happens. That's where my Hematology team came in! From planning surgery to surgery day and recovery, I was taken care of. UCSF hematology was amazing at communicating with me and my surgeon about the surgery day process and what extra steps needed to be taken because of my hemophilia. They gave my procedure as much attention as I would have myself and that's what made me feel like I was in great hands.

During surgery, my nurse was on call in case anything were to happen. Once everything was wrapped up and surgery was over my hematology team continuously checked in on me to make sure that I was okay. They made sure I was on the correct infusing schedule and that my bleeding was under control.

I like to think that I have high standards for myself when it comes to my hemophilia. I take extra steps, I'm proactive instead of reactive and I make sure to pay attention to detail. The UCSF team did all of that and more. They made me feel like I was in great hands from start to finish and they made the entire process as easy as possible for me.





Community Member, Donor, Duane Norman Wickstrom

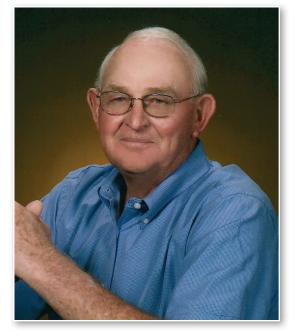
Duane Norman Wickstrom

April 14, 1934 - December 5, 2021

Duane was born, raised, and lived his entire life on a Jersey dairy farm. His life was filled with cows, world travel, sports, and a compassion for his community and family. He attended Hilmar schools, Modesto Junior College and Cal Poly State University where he earned his degree in Dairy Science. During his college years, Duane played both baseball and football, leading to a career of almost 80 years as a sportsman. He played senior softball until he was 80 years old, finally retiring his glove just seven years ago.

Duane and his wife Patricia began their life together in 1955 and were married for over 66 years. Together they raised three children and built their own family business, Wickstrom Jersey Farms, which has grown and is still operating today being run by his sons and grandsons.

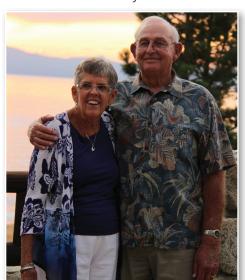
Duane and Pat spent much of their adult life traveling the world; leisure trips but also as serving as a council member of the World Jersey Cattle Bureau they visited Jersey herds and friends throughout the world.



Devoted to his family, he never missed attending sporting events, school and church activities, 4-H and FFA shows in which his children, grandchildren, and great grandchildren participated. When Duane was not working or promoting the Jersey breed and serving on many industry boards, he was heavily involved in the community, leading building projects, volunteering and was a member of several philanthropic organizations.

The Hemophilia Foundation of Northern California became one of Duane and Pat's primary focuses when their grandson, Steven Wickstrom, was born with hemophilia. They participated in the Fresno Chapter Auxiliary Annual Golf Tournament for many years, fundraisers, and continue to financially support the Foundation to this day.

It is a Wickstrom Family dream that a cure for hemophilia will be found someday in the very near future.







Duane & Pat Wickstrom

L to R Scott Wickstrom, Steven Wickstrom (holding son Keegan), Duane Wickstrom

Dustin Burseth



Hello. I'm Dustin Burseth, a long time volunteer for the Hemophilia Foundations of Northern California, Sacramento, Southern California and Hawaii. Laughter is good medicine for our lives but volunteering is by far the best. The benefits I received from interacting with kids of all ages and from all places throughout our country are huge. I've become more tolerant, I listen better, I laugh more, I think about the needs of others much more, and I am much more prepared to handle and act upon the unknowns that just appear, out of the blue, in our lives regularly. Being a camp counselor for nine years challenged me, changed me, and let me see the innate yearning, confusion, and daring of so many youth that stepped down from that bus on that very first day. Those strangers, after one week of being together, facing the same challenges, working out the same problems, and enjoying the same satisfactions, allowed us to part as trustful friends. Try it, I guarantee you'll love it!

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PK (Pharmacokinetics) Study Data



Talk to your doctor about the study.



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PK; Pharmacokinetics

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HFNC VOLUNTEER **AWARDS**



HFNC can provide a gas card for long distance travelers (over 100 miles)

REGISTER HEMOFOUNDATION.ORG/EVENTS

KINESO TAPING

Emerging Therapies Education

& Live

DRAWING

by Mosi Williams MSW

Hemophilia Council of California Introduction
with Lynne Kinst Executive Director

snacks lunch beverages Uni

Booths 10-2

Vendor

Amador Rancho Community Center 1998 RANCHO PARK LOOP ROAD SAN RAMON, CA 94582







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whatsyour

COMPINE THE FIRST NAME

- A LUCKY B CLOVER
- C JOLLY D GOLDEN
- E PINCHES F GLITTER
- G PADDY H THIRSTY I WHISKERS J. HAPPY
- K SPRINKLES TINY
- M SHORTY N DANCING O SHINY
- P PRETTY Q RAINY R RUSTY
- S SHAMROCK T SLEEPY
- U RAINBOW V SPARKLES
- W TATERS
- X GINGER Y EMERALD
- Z PATRICK

AND YOUR PIRTHDAY MONTH!

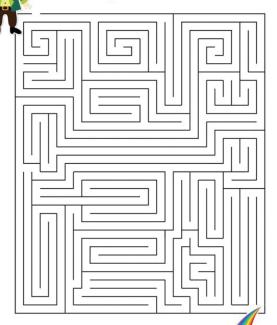
JANUARY FEBRUARY MARCH APRIL MAY JUNE

McFancy Pants McWiggles O'Twinkle Ranbow Dancer Sparkly Pants Singer Har

AUGUST SEPTEMBER OCTOBER NOVEMBER DECEMBER

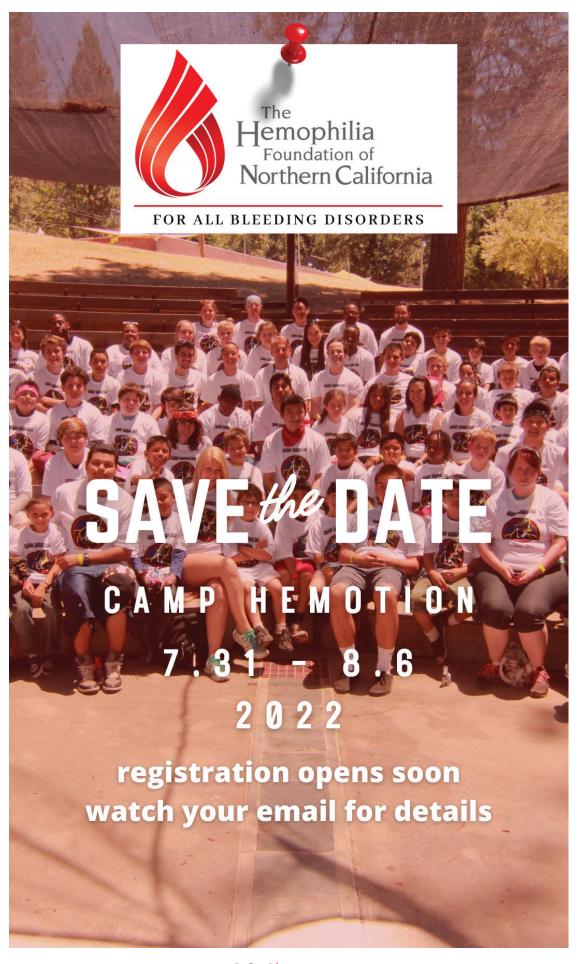
McNaughty McBlarney Jingly Pockets McLucky Olegry O'Gitter

Happy Saint Patrick's Day



Help Ginger McNugget find his way to the pot of gold.





Hemophilia Foundation of Northern California New Board Member **Anita Bawa**



Anita Bawa, Executive Director and Quality Site Head at Allogene

Anita received her BA in Business from St. Mary's College, followed by an MBA from the University of San Francisco and which she earned while working full time. Anita has diverse industry experience spanning a 20+ year career. She has held roles of increasing responsibility in Manufacturing, Quality Control Laboratory, and Quality Operations at Blood Bank, Genentech, Bayer and Sutro Biopharma and has led organizations up to 200 people.

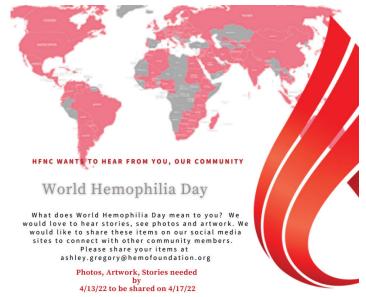
Anita joined Allogene in September 2019. In her role as Quality Site Head, Anita has done an exceptional job developing the Quality Team and providing leadership and direction to establish core processes across quality operations, site quality systems and validation, microbiology and environmental monitoring and raw material qualification.

Anita is recognized and appreciated as a decisive and pragmatic leader. She has a strong technical background in biotech and GMP operations. She is goal oriented and gets things done.

Anita is married and has two children (grown up) and enjoys traveling, reading, and spending time with family and friends. 🔥









Randall G. Curtis, MBA

Randall Curtis has a Bachelor of Science in genetics and an MBA in computer information systems. He has been developing data collection systems for blood disorders since 1984. Now that he has retired from public service, he devotes his time to collecting data on the Hematology Utilization Group Studies (HUGS), the Patient Reported Outcomes, Burdens and Experiences (PROBE) study and the Cost of Hemophilia Socioeconomic Survey (CHESS) projects. Mr. Curtis also serves on the board of directors for the Center for Inherited Bleeding Disorders, is the past president of the Hemophilia Council of California and has served on the HFNC Board of Directors off and on since 1979. His policy work includes the American Thrombosis & Hemostasis Network (ATHN), the National Hemophilia Foundation MASAC Pain Group and the Pacific Sickle Cell Regional Collaborative Policy Working Group.

Randy and Jackie have two sons and four grandchildren. Now that Randy and Jackie are empty nesters, they are trying to visit all of the National Parks.

January 2022



"Why I Joined HFNC'S **Board of Directors**"

Now that I have retired, I would like to bring my past experience on other boards (Hemophilia Council of California, Center for Inherited Blood Disorders and Hemophilia Foundation of Northern California) to bear on the challenges and opportunities we have in the current environment. As we prepare to get back to meeting in person, we need to address the needs of the entire community including women with bleeding disorders, the Latino community and helping families of all kinds adjust to lives with a bleeding condition.

RESOURCES FOR YOU

Free N95 masks

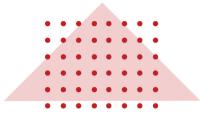
https://www.cdc.gov/vaccines/covid-19/retail-pharmacyprogram/participating-pharmacies.html and https://bphc.hrsa.gov/emergency-response/covid-19-n95masks

Free COVID testing kits

Every home is eligible to receive 4 free at-home-COVID-19 test by signing up at https://www.covidtests.gov/

Sharps Container Mail-Back Program

Sharps containers are sent in a pre-packaged box to be kept for disposal. Log into Sharps Tracer account at www.sharpstracer.com or call to sign up for this free service at 800-772-5657.



UCSF-HTC Adult Bleeding Disorders Program



Mosi Williams MSW, UCSF Adult HTC Social Worker

Back row: Dr. Andrew Leavitt (HTC medical director), Dana Francis (Social Worker) Darcy Phelan (Nurse Practitioner)

It is our pleasure to introduce our team to the Bleeding Disorders community of Northern California. We have been a clinical hematology/bleeding disorders program at UCSF since the late 1970's and have weathered the HIV/HCV crisis of the 1980's, benefited from the development of recombinant factor, and are now following patients in gene therapy trials. It has been a long and interesting road.

Our goal as a team is to provide professional, attentive, comprehensive health care to all of our patients with bleeding disorders. We are honored to serve the diverse population of Northern California and we aim to deliver culturally sensitive services to patients and their families. We pride ourselves on our multidisciplinary approach to patient healthcare. We have collaborative relationships with a number of other UCSF departments as we pursue the best care possible for our adult patients. We also enjoy working together as a team and we look forward to welcoming our newest team member, Mosi Williams, who will take over as our social worker in January 2022! 餐

CALENDAR

MARCH			HFNC	Hemophilia Foundation of Northern California
3/1/22-3/31/22	Bleeding Disorders Awareness Month	Month Long Activity		https://www.hemofoundation.org/
3/1/22-3/2/22	NHF Washington Days	Virtual	AFFILIA	TED ORGANIZATIONS
3/8/22	Board Meeting	Virtual	NHF	National Hemophilia Foundation
3/12/22	Family Camp	Virtual		https://www.hemophilia.org/ NHF Chapters (See full list at NHF):
J,,			HFSC	Hemophilia Foundation of Southern California
APRIL				http://www.hemosocal.org/
4/8/22-4/10/22	The Female Factor Retreat	2381 Laurel Glen Road	HASDC	Hemophilia Association of San Diego County
17 07 22 17 107 22	The remate ractor Retreat	St. Clare's Retreat,	CCUE	http://hasdc.org/
		Soquel CA 95073	CCHF	Central California Hemophilia Foundation https://www.cchfsac.org/
4/12/22	World Homophilia Day	6 9nm Ohgana Karaan	АНА	Arizona Hemophilia Association
4/12/22	World Hemophilia Day Celebrated	6-8pm Ohgane Korean Restaurant		https://www.arizonahemophilia.org/
	Cetesiatea	3915 Broadway	HFO	Hemophilia Foundation of Oregon
		Oakland CA 94611		http://hemophiliaoregon.org/
4/17/22	Easter	Holiday HFNC closed	HFA	Hemophilia Federation of America http://www.hemophiliafed.org/
4/17/22	World Hemophilia Day		нсс	Hemophilia Council of California
4/19/22, 4/26/22	HCC Future Leaders	Virtual		https://www.hemophiliaca.org/
4/20/22-4/23/22	Hemophilia Federation of America Annual Symposium	San Antonio, TX	WFH	World Federation of Hemophilia https://www.wfh.org/
TBD	LEG Day	Virtual		
				HILIA TREATMENT CENTERS
MAY			нтс	Hemophilia Treatment Centers: Stanford University Medical Center
5/10/22	Board Meeting	Virtual		https://www.stanfordchildrens.org/en/service/hematology
5/13/22-5/15/22	Region IX Meeting	San Francisco CA		University of California at Davis
5/18/22	HCC Future Leaders	Virtual		https://www.ucdmc.ucdavis.edu/hemophilia/
5/20/22	HCC Future Leaders	Virtual		University of California San Francisco
5/22/22	Spring Fest (Family education	tion,		https://www.ucsfhealth.org/clinics/hemophiliatreatment_center/ UCSF Benioff Children's Hospital Oakland
	Walk launch, Emerging Therapies)			https://www.childrenshospitaloakland.org
	Amador Rancho Commun	ity Center		Valley Children's Hospital
	1998 Rancho Park Loop Roa			https://www.valleychildrens.org/
JUN				
6/25/22	Asian Infusion	San Mateo Community		
		Center, 50 E 5th Ave		
		San Mateo CA 94401		
JULY				
7/4/22	Independence Day	Holiday HFNC closed		
7/12/22	Board Meeting	Virtual		
7/12/22	Disabled Adventure	Trinity River,		
//12/22-//1//22	Outfitters Teens	Junction City CA 9604		
		, , , , , , ,		



FOR ALL BLEEDING DISORDERS

The Hemophilia Foundation of Northern California (HFNC) does not endorse any particular pharmaceutical manufacturer or home care company.

PLEASE NOTE: The companies whose advertisements are listed herein have purchased this space, and are NEVER provided with members' names, addresses or any other personal details. Paid advertisements and paid inserts should not be interpreted as a recommendation from HFNC, nor do we accept responsibility for the accuracy of any claims made by paid advertisements or paid inserts.

Since we do not engage in the practice of medicine, we always recommend that you consult a physician before pursuing any course of treatment.

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Marion Koerper MD, HFNC Medical Advisor

Contributor

Shelley Jajeh

HFNC IS GOING GREEN! STARTING IN 2022. ALL ISSUES EXCEPT OUR WINTER ISSUE WILL BE **ELECTRONIC! WE ARE ELIMINATING OUR PRINT** VERSIONS OF SPRING, SUMMER AND FALL.